

AGAINST e x c l u s i o n

Grundtvig Learning Partnership

“Against Exclusion”

2012 - 2014

Project Number 2012-1-IT2-GRU06-37589-5

Minutes of the 5th Project Meeting

Hosted by Lothar Tschapka Training & Coaching KG

Vienna, Austria, 12-15 December 2013

Main Topic of the Meeting:

***Working with Marginalised Groups -
Exercises and Activities, to be published as an E-Book***

Attendees:

Laura ALICU (Ms., Romania), Vasiliki ANGELOPOULOU (Ms., Greece), Andrea CARNEVALE (Mr., Italy), Barbara ESKANDARY (Ms., Austria), Rania FILOPOULOU (Ms., Greece), Alexandra FORRESTER (Ms., Austria), Halina Alicia KLIMKIEWICZ (Ms., Austria), Ionut LAZIN (Mr., Romania), Ali MAZOUDDI (Mr., Austria), Pagona PAPANDREOU (Ms., Greece), Susan PERKINS (Ms., Austria), Jagna RAPCIAK (Ms., Poland), Blanka RUDNICKA (Ms., Poland), Otto SEITZ (Mr., Germany), Markus STÖCKLIN (Mr., Germany), Lothar TSCHAPKA (Mr., Austria), Mihaela VONICA (Ms., Romania)

Thursday, 12 December

19.00: Dinner in the city centre

Gasthaus Reinthaler, Gluckgasse 5, 1010 Vienna

Reinthaler is a typical Viennese inn (“Gasthaus”) serving Wiener Schnitzel and other local specialities. Despite its location in the city centre, it has so far withstood the temptation of becoming a tourist place and has remained a traditional venue, frequented by many Viennese guests. The project partners enjoyed the relaxed, informal atmosphere and the delicious tastes of Viennese cooking and Austrian beer-brewing.

Friday, 13 December

10.30-18.30: Full-day meeting

Meeting venue: Spiegelsaal (Mirror Hall) of the Haus der Begegnung & Volkshochschule Döbling (Adult Education Centre), Gatterburggasse 2A, 1190 Vienna

Programme:

Welcome address

Lothar Tschapka welcomed the participants and briefly introduced the project and the topics of the meeting.

Introductions by participants

The participants introduced themselves, giving information on the partner organizations as well as on their work with marginalised groups.

Workshop 1: Social Inclusion in Austria

Conducted by Lothar Tschapka (*Lothar Tschapka Training & Coaching KG*)

An overview of the current state of social inclusion in Austria was given, which focused on the topics of social benefits, education and discrimination in everyday life. The presentation was followed by a lively discussion.

Lunch

Workshop 2: Communicating with Socially Excluded Persons

Conducted by Ali Mazoudji (*wohnpartner Wien*)

Social worker and mediator Ali Mazoudji introduced a model for communicating with excluded persons, based on Maslow's pyramid of needs. Workshop participants were divided into three groups to apply Ali's model in practical exercises.

Workshop 3: Working with Marginalised Groups – Exercises and Activities provided by the Partner Organizations

In two sessions, Blanka Rudnicka of Poleski Art Centre, Łódź, and Otto Seitz of LAG Theaterpädagogik Baden-Württemberg, presented theatre exercises and similar activities suitable for use with marginalised groups.

Workshop 4: Working with Marginalised Groups – Speech Training

Conducted by Lothar Tschapka (*Lothar Tschapka Training & Coaching KG*)

Lothar Tschapka introduced breathing and speech exercises. These can be used in work with marginalised groups, alongside acting classes or communication skills training courses.

Workshop 5: A Visit to Karl Marx Hof, an Example of Social Inclusion in the 1920s

Conducted by Lothar Tschapka (*Lothar Tschapka Training & Coaching KG*)

To combat housing problems, in the 1920s the Vienna City Council started a large flat-building programme that is still being continued today. Nowadays, about one third of the Viennese population live in council flats, which are enormously popular. Karl Marx Hof was erected in 1927-30 to house about 5,500 people in 1,382 apartments. It is the largest block of flats in Vienna – and the longest in the world! – as well as being a world-famous example of public flat-building.

This workshop had been announced as a surprise activity, and only when arriving at the venue did the participants learn what they would be seeing. The visit to the complex comprised the central open space and two of the inner courtyards. Details were given about the history of the edifice, including the dramatic events in 1934 during Austria's civil war.

18.45: Dinner at a Viennese wine tavern (“Heuriger”)

Mayer Am Pfarrplatz, Pfarrplatz 2, 1190 Vienna

From Karl Marx Hof, it took only a few minutes by bus to reach Mayer's wine tavern, located in an old building once inhabited by Ludwig van Beethoven.

Saturday, 14 December

10.30-14.00: Half-day meeting

Meeting venue: Spiegelsaal (Mirror Hall) of the Haus der Begegnung & Volkshochschule Döbling (Adult Education Centre), Gatterburggasse 2A, 1190 Vienna

Programme:

Workshop 6: Working with Marginalised Groups – Impromptu Speaking

Conducted by Susan Perkins (*Lothar Tschapka Training & Coaching KG*)

Susan Perkins, a former UNIDO expert in development programmes and an experienced adult education trainer, presented rhetorical exercises that aim to help underprivileged persons to overcome their inhibitions to speak in public and to stand up for their rights.

Workshop 7: Working with Marginalised Groups – Improvisation Theatre

Conducted by Lothar Tschapka (*Lothar Tschapka Training & Coaching KG*)

Games and exercises from the field of Improvisation Theatre, based on Keith Johnstone, were presented. All of these had previously been tried out in various contexts of work with marginalised groups.

14.30-18.00: Walking tour through the city centre & lunch

After a tram ride from the meeting venue to the city centre, the walking tour started at Schottentor and proceeded through Herrengasse to the Imperial Court Palace (Hofburg), then continuing through the Imperial Palace Garden (Burggarten) to the State Opera House and the Albertina Gallery. Lunch was taken at Café Führich in Führichgasse.

20.00: Dinner at Café Palmenhaus, Burggarten 1, 1010 Vienna

Organizer:

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